

**Lauma**  
MEDICAL



## About Lauma Medical

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Due to many years of experience in the production of medical products, following the recommendations of specialists and the wishes of customers, Lauma Medical products have gained a leading position in the category of related products both in the Baltic countries and in Russia, Ukraine, Kazakhstan, Georgia and other countries.

## Company history

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For more than 45 years, Lauma Medical has been widely known among pharmacists and consumers in the Baltic States and Eastern Europe.

Lauma Medical is a major manufacturer of medical products such as high-stretch woven bandages, elastic waistbands, joint bandages, maternity belts, posture correctors, orthoses and compression stockings.

## Lauma Medical technology

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In the production of our products, we use special weaving technology and only the highest quality materials are used in the production process of the products, which allow the skin to breathe and maintain its functionality even after long-term use.

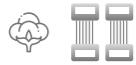
## Medical elastic bandage

Elastic medical bandages can be used for the treatment and prevention of chronic venous inflammations, in the pre- and post-operative period, for the prevention of hematomas and for the fixation of endoprostheses in a stable position after plastic surgery, as well as for the prevention and treatment of sports injuries – sprains and dislocations.

The special weaving technology used for the bandage production ensures excellent quality and property preservation even with prolonged and intensive use.

The production technology allows the product to be cut to the required length without processing the edge.

| Composition |     |
|-------------|-----|
| Cotton      | 96% |
| Elastane    | 4%  |



Lauma Medical manufactures woven bandages in three different degrees of stretchability:

• **Model 2**  
The extensibility of bandages is 150 – 170%

• **Model 5**  
The extensibility of bandages is 100 – 150%

• **Model 6**  
The extensibility of bandages is 30 – 100%



## Characteristics and effects of an elastic bandage



### Compression effect

Subjecting the tissues of the joint to external compression, the elastic bandage squeezes out excess fluid from the intercellular space into the lymphatic vessels, which reduces swelling and prevents the formation of a new one.



### Fixing effect

The bandage creates compression on the ligamentous and muscular apparatus of the limb or joint, which leads to a decrease in the mobility of muscles, tendons and subcutaneous tissue. Creating rest allows you to significantly reduce the healing time.



### Warming effect

Bandages create an optimal thermal balance, which helps to reduce pain, increase blood circulation and speedy tissue recovery.



### Micro massage effect

Bandages in combination with movement affect the skin, subcutaneous tissue, muscles, and ligaments, displace blood from the capillary network into the veins and thereby help to accelerate microcirculatory in them.



### Regenerating effect

The bandage increases the local blood supply. The warming and micro massage effects create optimal conditions for the restoration of damaged tissues.



### Protective effect

With the constant wearing of an elastic bandage, the ligaments, muscles, and tissues of the joint are in a fixed semi-heated state, which reduces the likelihood of damage to the joint or tissues during exercise.

## Available sizes

| Size, cm x m |          |          |
|--------------|----------|----------|
| 8 x 0.6      | 10 x 0.6 | 12 x 0.6 |
| 8 x 1.1      | 10 x 1.1 | 12 x 1.1 |
| 8 x 1.5      | 10 x 1.5 | 12 x 1.5 |
| 8 x 1.7      | 10 x 1.7 | 12 x 1.7 |
| 8 x 2.0      | 10 x 2.0 | 12 x 2.0 |
| 8 x 3.0      | 10 x 3.0 | 12 x 3.0 |
| 8 x 3.5      | 10 x 3.5 | 12 x 3.5 |
| 8 x 5.0      | 10 x 5.0 | 12 x 5.0 |



## New from Lauma Medical

We would like to introduce you to the latest Lauma Medical products – new design belts and new product groups – posture correctors, orthoses and supportive bandages for arm fixation.

A lot of cotton is used in the production of the new belts, posture correctors and armrests, which makes wearing the products pleasant while allowing the skin to breathe.

The products are made in modern gray and black colors with red accents.



## Postoperative abdominal belt mod. 110

- Accelerate the recovery process after different abdominal surgery
  - supports your surgical sutures, relieve pain, allows to move, reduce swelling
- Provides support in postpartum period, strengthening the anterior abdominal wall
- Research has shown that applying compression to the abdomen with abdominal belt helps people with orthostatic intolerance (OI) prevent blood pooling
- Made from breathable material – prevents excessive sweating and allows the skin to breath
- Can be worn under clothing



| Composition |     |
|-------------|-----|
| Cotton      | 35% |
| Polyacrylic | 24% |
| Elastane    | 17% |
| Polyester   | 16% |
| Polyamide   | 8%  |

| Size | Waist circumference (cm) |
|------|--------------------------|
| S    | 56-68                    |
| M    | 68-84                    |
| L    | 85-100                   |
| XL   | 101-115                  |
| XXL  | 116-130                  |



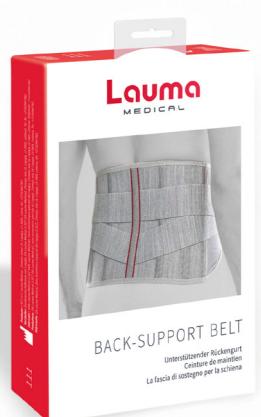
## Back-support belt mod. 111

- Provides support for persistent pain and mild muscle weakness
- Provides support in case of spinal instability or vertebral displacement as well as in the case of osteochondritis, radiculitis or neuralgia
- Provides support for chronic moderate back pain
- For additional stability, extra inserts are placed in the back part of the belt, helping to keep the axis of the back and to reduce movements in the belt area.
- Reduces rehabilitation time after injuries or following surgeries
- Can be worn under clothing
- Elastic tensioning straps allows easy to close and adjust the belt
- Slightly straighten your back to help with correct posture
- Made from breathable material – prevents excessive sweating and allows the skin to breath



| Composition |     |
|-------------|-----|
| Cotton      | 33% |
| Polyacrylic | 23% |
| Elastane    | 19% |
| Polyester   | 15% |
| Polyamide   | 10% |

| Size | Waist circumference (cm) |
|------|--------------------------|
| S    | 65-79                    |
| M    | 80-90                    |
| L    | 91-100                   |
| XL   | 101-110                  |
| XXL  | 111-120                  |



## Supportive pregnancy belt, mod. 112

- Reduces back and pelvic pain during pregnancy
- Provide support for belly and reduce the load for the back
- The gentle compression of the belt can help support the uterus and reduce discomfort from movement during physical activity
- Promotes proper posture and prevents overextension of the lower back
- Belt can be worn in postpartum period and after c-section to provide additional support to the abdomen and lower back and help strengthen anterior abdominal wall
- Made from breathable material – prevents excessive sweating and allows the skin to breath
- Additional strapping at the bandage sides allows the stomach to be supported in the required position



| Composition |     |
|-------------|-----|
| Cotton      | 37% |
| Polyacrylic | 25% |
| Polyester   | 17% |
| Elastane    | 13% |
| Polyamide   | 8%  |

| Size | Girth under belly (cm) |
|------|------------------------|
| S    | 88-100                 |
| M    | 100-110                |
| L    | 110-118                |
| XL   | 118-126                |



## Supportive bandage for arm fixation, mod. 400

- Supportive bandage for safe and comfortable arm fixation during rehabilitation after fractures, sprains and/or surgical interventions
- The base of bandage is made from breathable material made from 100% cotton, prevents excessive sweating and allows the skin to breath
- The strap is fully adjustable to raise your arm to your needed height
- Hook your thumb on the loop for extra comfort and stability
- Can be worn on both hands



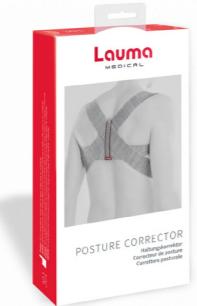
| Size        | Forearm length (cm) |
|-------------|---------------------|
| XS (junior) | 22-38               |
| S (junior)  | 26-32               |
| M           | 30-38               |
| L           | 36-44               |

| Composition |     |
|-------------|-----|
| Cotton      | 61% |
| Polyamide   | 39% |



## Posture corrector mod. 301

- Posture corrector, designed for prevention of injuries, instability, osteochondritis, spondylosis, postural disorders, hunched posture, upper back, neck, shoulder head pain
- Correct posture will help you breathe better, allow you to maintain proper form
- Ease of use - easily self-adjusting
- Can be worn under and over clothes while working out, sitting, walking, or doing any other daily activities. The material is lightweight and washable
- Wearing a posture corrector a few hours a day and including posture-specific exercises in your workouts can help you train and strengthen the muscles that support your spine
- Maintaining better posture can improve your overall well-being.



| Composition |     |
|-------------|-----|
| Cotton      | 35% |
| Polyacrylic | 24% |
| Elastane    | 17% |
| Polyester   | 16% |
| Polyamide   | 8%  |

| Size | Circumference under the chest (cm) |
|------|------------------------------------|
| S    | 59-68                              |
| M    | 69-78                              |
| L    | 79-88                              |
| XL   | 89-99                              |

| Composition |     |
|-------------|-----|
| Cotton      | 34% |
| Polyacrylic | 29% |
| Polyester   | 20% |
| Elastane    | 17% |



## Posture corrector with metal inserts mod. 302

- Designed with under breast belt to provide spine alignment and lumbar support
- Designed for prevention of injuries, instability, osteochondritis, spondylosis, postural disorders, hunched posture, upper back, neck, shoulder head pain
- The posture corrector bends back the shoulders, straightens the chest and spine, corrects the posture, improving wellness
- Does not restrict natural movements and allows retaining activity with correct posture
- Ease of use - easily self-adjusting and can be worn under and over clothes
- The Y-shape provides effective rearward traction, is highly valued
- Metal inserts can change the curvature of the spine over time

## Back posture corrector with metal inserts mod. 303

- Corrector has been supplemented with 4 inserts in the lumbar part of the back and additional straps for additional stabilization of the back
- Removable metal inserts which allow adjusting the degree of rigidity
- The lower back brace provides support that can relieve pain
- Designed for prevention of injuries, instability, osteochondritis, spondylosis, postural disorders, hunched posture, upper back, neck, shoulder head pain
- Does not restrict natural movements and allows retaining activity with correct posture
- Ease of use - easily self-adjusting and can be worn under and over clothes
- The Y-shape provides effective rearward traction, is highly valued
- Metal inserts can change the curvature of the spine over time



| Composition |     |
|-------------|-----|
| Cotton      | 28% |
| Polyacrylic | 25% |
| Polyester   | 17% |
| Elastane    | 15% |
| Polyamide   | 14% |

| Size | Waist circumference (cm) / Height (cm) |
|------|--|
| S    | 65-75 / 160-170                        |
| M    | 76-90 / 170-180                        |
| L    | 91-105 / 170-180                       |
| XL   | 106-120 / 180-190                      |
| XXL  | 121-135 / 180-190                      |



## Knee brace, mod. 501

- Knee brace is designed for use after sport injuries, in case of physical exertion and sprains, as well as during the rehabilitation period
- Made from breathable, elastic material, which is soft and durable.
- The brace is seamless, which protects from bruising
- Flexible metal springs
- Gel support pads keeps kneecap in place and ensures support and stability
- Does not limit the movement, simultaneously retaining compression
- Can be worn on both legs



| Size | Circumference above the knee (cm) | Circumference at the knee center (cm) | Circumference below the knee (cm) |
|------|-----------------------------------|---------------------------------------|-----------------------------------|
| S    | 39-47                             | 33-35                                 | 30-35                             |
| M    | 47-53                             | 35-38                                 | 35-40                             |
| L    | 53-59                             | 38-43                                 | 40-47                             |
| XL   | 59-67                             | 43-48                                 | 47-50                             |
| XXL  | 67-75                             | 48-53                                 | 50-56                             |

## Elbow brace, mod. 502

- Elbow brace are designed for use after sport injuries, in case of physical exertion and sprains, as well as during the rehabilitation period
- Made from breathable, elastic material, which is soft and durable
- The brace is seamless, which protects from bruising
- Gel support pads keeps elbow in place and ensures support and stability
- Does not limit the movement, simultaneously retaining compression
- Can be worn on both arms



| Composition |     |
|-------------|-----|
| Polyamide   | 60% |
| Elastane    | 40% |

| Size | Elbow circumference, cm |
|------|-------------------------|
| S    | 20-23                   |
| M    | 23-26                   |
| L    | 26-29                   |
| XL   | 29-32                   |
| XXL  | 32-35                   |

## Ankle brace, mod. 503

- Ankle brace is designed for use after sport injuries, in case of physical exertion and sprains, as well as during the rehabilitation period
- Made from breathable, elastic material, which is soft and durable
- The brace is seamless, which protects from bruising
- Gel pads provide efficient support in case of potential pain and discomfort
- Does not limit the movement, simultaneously retaining compression
- Can be worn on both legs



| Size | Ankle circumference, cm |
|------|-------------------------|
| XS   | 17-19                   |
| S    | 19-21                   |
| M    | 21-23                   |
| L    | 23-25                   |
| XL   | 25-27                   |
| XXL  | 27-29                   |

## Wrist brace, mod. 504

- The wrist brace is designed to treat arthritis, the carpal tunnel syndrome, immobilization of the wrist during rehabilitation in order to stabilize the radial bone and tendons
- Ensures support and rigidity for the joint, by limiting the movement
- Made from breathable, elastic material, which is soft and durable
- The brace is seamless, which protects from bruising
- The brace has an integrated adjustable metal insert, which is designed for rigid stabilization of the wrist
- The metal insert may be removed, when rigid stabilization is no longer required
- Additional strap fixes the inside insert of the palm



| Size | Wrist circumference, cm |
|------|-------------------------|
| S    | 14-15                   |
| M    | 15-16                   |
| L    | 16-18                   |
| XL   | 18-20                   |
| XXL  | 20-22                   |

## Elastic medical belts, mod. 70107 and 70108

Elastic belts are designed considering specialist recommendations and the patient in mind. Certified and high quality materials are used in manufacturing process.

The products have several important features:



### Warming effect

The belt creates a thermal balance, which contributes to reduction of pain syndrome; increased blood circulation and acceleration of recovery in the lumbar and kidney area.



### Protective effect

Ligaments, muscles, and tissues of the lumbar spine are in a heated state. This reduces the chance of injury to the joint during awkward or sudden movement.



### Reduced risk of dermatitis and other skin irritations

It does not cause diaper rash or local irritation. Only natural materials are used in production: cotton and wool, which absorb moisture from the surface of the skin, without causing intertrigo or irritation. Without causing friction and skin inflammation.

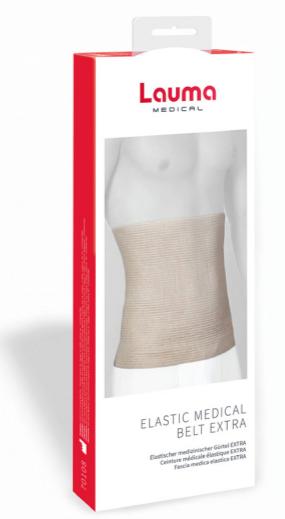
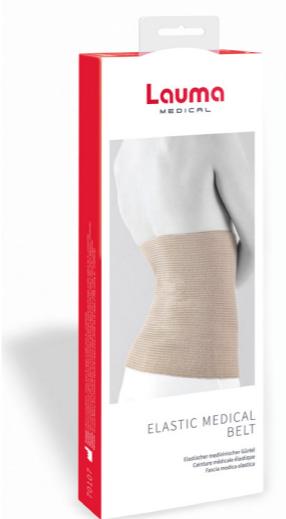
- The elastic medical belt is designed to relieve back pain in the lower part providing comfort and warmth
- The belt is used for lumbar-sacral radiculitis, osteochondrosis and nerves for the treatment and prevention of inflammation, as well as sports injuries
- During the period of exacerbation of the disease, it is recommended to wear the belt all the time
- Helps maintain correct posture

| Size |      | Waist circumference, cm | Hip circumference, cm |
|------|------|-------------------------|-----------------------|
| 1    | XS   | 60-67                   | 86-95                 |
| 2    | S    | 68-75                   | 96-101                |
| 3    | M    | 76-81                   | 102-107               |
| 4    | L    | 82-87                   | 108-113               |
| 5    | XL   | 88-98                   | 114-119               |
| 6    | XXL  | 99-109                  | 120-128               |
| 7    | XXXL | 110-120                 | 129-137               |



| Composition for model 70107: |     |
|------------------------------|-----|
| Wool                         | 16% |
| Cotton                       | 47% |
| PAN                          | 25% |
| Polyamide                    | 6%  |
| Latex                        | 6%  |

| Composition for model 70108: |     |
|------------------------------|-----|
| Wool                         | 45% |
| Cotton                       | 44% |
| Polyamide                    | 6%  |
| Latex                        | 5%  |



## Anti-radiculitis belt Velcro, mod. 105

- Designed to reduce pain in the lumbar area
- Used for the prevention and treatment of lumbosacral radiculitis, neuritis, osteochondrosis, as well as sports-related injuries
- Provides a feeling of warmth and comfort to the back
- During an exacerbation of the disease, the product is recommended to be worn around the clock



| Size |      | Waist circumference, cm | Hip circumference, cm |
|------|------|-------------------------|-----------------------|
| 1    | M    | 76-81                   | 102-107               |
| 2    | L    | 82-87                   | 108-113               |
| 3    | XL   | 88-98                   | 114-119               |
| 4    | XXL  | 99-109                  | 120-128               |
| 5    | XXXL | 110-120                 | 129-137               |

| Composition |     |
|-------------|-----|
| Wool        | 46% |
| Cotton      | 31% |
| Polyamide   | 8%  |
| Latex       | 15% |

| Size |    | Circumference under the belly, cm |
|------|----|-----------------------------------|
| 1    | S  | 88-100                            |
| 2    | M  | 100-108                           |
| 3    | L  | 108-116                           |
| 4    | XL | 116-124                           |

| Composition |     |
|-------------|-----|
| Cotton      | 20% |
| PUE         | 24% |
| Polyamide   | 56% |



## Supportive pregnancy bandage, mod. 103

- An elastic maternity support bandage is designed to support the stomach and reduce back strain
- Can be used after childbirth to strengthen the anterior wall of the abdomen
- The design of the bandage is made of additional attachments for a sense of stability and comfort, as well as breathable materials that prevent excessive sweating and allow the skin to breathe
- Additional bands on the sides of the bandage keep the stomach in the needed position. The Velcro straps on the front and sides make it possible to choose the most appropriate bandage tension for maximum comfort



| Size |     | Waist circumference, cm |
|------|-----|-------------------------|
| 1    | S   | 60-70                   |
| 2    | M   | 71-81                   |
| 3    | L   | 82-92                   |
| 4    | XL  | 93-103                  |
| 5    | XXL | 104-114                 |

| Composition |     |
|-------------|-----|
| Cotton      | 22% |
| Polyamide   | 23% |
| Latex       | 18% |
| PUE         | 13% |
| PES         | 24% |

## Elastic post-operative belt for the back, mod. 106

- Designed for use following spinal operations or injuries (with the exception of the pelvis or cervicothoracic region), with spinal instability or vertebral displacement.
- Also used as an aid in osteochondrosis, sciatica or neuralgia. The belt helps to maintain the correct posture and get rid of the forced posture caused by various pathologies.
- For extra stability, four inserts are located at the back of the belt to help support the spinal axis and reduce movement in the lumbar region.
- A special waistband design helps combine stability and comfort, using breathable and lightweight materials that provide the desired effect and are comfortable to wear.



| Size |     | Waist circumference, cm |
|------|-----|-------------------------|
| 1    | S   | 60-70                   |
| 2    | M   | 71-81                   |
| 3    | L   | 82-92                   |
| 4    | XL  | 93-103                  |
| 5    | XXL | 104-114                 |

| Composition |     |
|-------------|-----|
| Cotton      | 22% |
| Polyamide   | 23% |
| Latex       | 18% |
| PUE         | 13% |
| PES         | 24% |

## Elastic post-operative abdominal belt, mod. 107

- Designed to unload the surgical suture by fixing the anterior wall of the abdomen.
- Provides graduated pressure, adapting to the shape of the body. This is provided by fibers with different degrees of elasticity built into the structure of the belt, dividing it into two belts in the longitudinal direction.
- The slightly elastic waistband is marked with a piece of white tape attached to a horizontal Velcro strip on the outside of the waistband.
- A belt with more elasticity is used to adjust the belt to the bulges of the pelvis.
- The belt is also used in the postpartum period to secure the anterior wall of the abdomen. Two additional fasteners at the back of the belt give it additional stability.



| Size |     | Waist circumference, cm |
|------|-----|-------------------------|
| 1    | S   | 75-85                   |
| 2    | M   | 86-96                   |
| 3    | L   | 97-107                  |
| 4    | XL  | 108-118                 |
| 5    | XXL | 119-129                 |

| Composition |     |
|-------------|-----|
| Polyamide   | 44% |
| Latex       | 41% |
| PES         | 15% |

## Elastic bandages features

- The bandage enables trauma protection and is used during the rehabilitation period after injuries of various nature
- The bandage is provided to give stability and comfort in the knee, elbow or ankle joint
- The bandage is effectively used to unload the damaged joint and reduce the pain of various nature (rheumatism, arthritis), as well as bruises and dislocations
- The bandage is also used for prophylactic purposes to prevent traumatic damage to the knee joint during increased exercises
- The natural composition of the bandage and its unique structure contribute to normal perspiration and enable maintaining a feeling of comfort even during prolonged wear
- The inner layer of the bandage performs a micro-massage function, promoting blood flow and reducing swelling

| Composition for mod. 101 and mod. 102 |     |
|---------------------------------------|-----|
| Cotton                                | 62% |
| Latex                                 | 28% |
| Polyamide                             | 10% |

## Elastic elbow bandage, mod. 101

| Size |    | Circumference above the elbow, cm | Circumference under the elbow, cm |
|------|----|-----------------------------------|-----------------------------------|
| 1    | XS | 26-28                             | 21-24                             |
| 2    | S  | 28-31                             | 24-27                             |
| 3    | M  | 31-34                             | 27-30                             |
| 4    | L  | 34-38                             | 30-34                             |



## Elastic knee bandage, mod. 102

| Size |    | Circumference above the knee, cm | Circumference under the knee, cm |
|------|----|----------------------------------|----------------------------------|
| 1    | XS | 38-40                            | 32-35                            |
| 2    | S  | 40-44                            | 35-38                            |
| 3    | M  | 44-47                            | 38-41                            |
| 4    | L  | 47-50                            | 41-44                            |



## Elastic ankle bandage, mod. 104

| Size |      | Circumference above the ankle, cm |
|------|------|-----------------------------------|
| 1    | S/M  | 18-23                             |
| 2    | L/XL | 23-28                             |

| Composition |     |
|-------------|-----|
| Cotton      | 72% |
| Latex       | 17% |
| Polyamide   | 11% |





## Advantages of compression garments:

- **Graduated compression**

One of the factors that ensure the medical effectiveness of compression garments is their physiological distribution

- **Sustainable appearance**

Non-rolling, non-molting, and maintains appearance during use

- **Modern weaving technology**

Gives softness and silkiness, so the products look fashionable and fit in ordinary non-compression garments

- **Ease of donning**

The high extensibility of the fabric in two directions makes it easier to put on the garment (especially through the bridge of the foot)

- **Breathable effect**

Makes your feet dry all the time due to a special weave of knitwear, enabling the skin to breathe even in hot weather

- **Sanitized® Silver treatment**

Prevents the formation of unpleasant odors and microorganisms, increases comfort during daily wear

- **Stable compression**

Lycra® fibers improve the garment's quality, functionality, and durability

- **Non-allergenic**

Lauma Medical garments use a double Lycra winding, thereby eliminating the risk of allergies

- **Special silk sock**

The II class compression garments set includes a special silk sock to simplify the dressing process

- **Compressive pressure retention**

Compression pressure is guaranteed for 6 months under normal conditions of use and proper care

## Compression classes

### A class compression, 10–17 mmHg

- Energizes tired legs and feet
- Improves the blood circulation
- Prevents swelling and varicose veins

### I class compression, 18–21 mmHg

- Relieves the feeling of heaviness, fatigue and pain in the legs
- Reduces slight swelling of the ankles and legs
- Eases the state during minor varicose vein
- Eases the state with minor varicose veins during pregnancy

### II class compression, 23–32 mmHg

- Helps with medium swelling of the ankles and legs
- Helps with medium varicose veins
- Helps state after sclerotherapy
- Helps medium swelling of the ankles and varicose veins during pregnancy

## Assortment of compression products

### A class compression, 10-17 mmHg

| Closed toe knee high socks  | Stockings   | Tights  | Tights for pregnant women   |
|---|---|---|---|
|  |  |  |  |
| AD201<br>AD202<br>Travel (with a reinforced heel)                                 | AG301 with lace   | AT402   | AT401   |

### I class compression, 10-17 mmHg

| Knee high socks   | Cotton Comfort Knee high socks  | Stockings   | Tights  |
|---|---|---|---|
|  |  |  |  |
| AD205   | AD204   | AG303 with lace   | AT403   |

### Anti-embolic garments, I class compression, 10-17 mmHg

| Knee high socks   | Stockings   |
|---|---|
|  |  |
| AD206   | AG302   |

### II class compression, 23-32 mmHg

| Knee high socks   | Knee high socks with open toe   | Cotton Comfort Knee high socks with open toe  | Stockings   | Stockings with open toe   | Cotton Comfort Stockings with open toe  | Tights   |
|---|---|---|---|---|---|--|
|  |  |  |  |  |  |  |
| AD207   | AD208   | AD209   | AG305 with lace<br>AG309 with band  | AG307 with band   | AG306 with lace<br>AG310 with band  | AT404  |

### Compression sleeve, II class compression, 23-32 mmHg

| Sleeve without the palm part  | Sleeve with the palm part   |
|---|---|
|  |  |
| CG501   | CG502   |

## Prophylactic Compression class – 10-17 mm Hg

### AD201

Below knee medical compression stockings with closed toe

**Composition:** 76% Polyamide, 24% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 23-25, 25-27, 27-29

**Colors:**  beige  black



### AD202 TRAVEL

Below knee medical compression stockings with reinforces heel part and closed toe

**Composition:** 76% Polyamide, 24% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 23-25, 25-27, 27-29, 29-31

**Colors:**  beige  black

### AG301

Thigh length medical compression stockings with silicone lace top band and closed toe

**Composition:** 76% Polyamide, 24% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 25, 27, 29

**Colors:**  beige  black

## Prophylactic Compression class – 10-17 mm Hg

### AT402

Medical compression tights

**Composition:** 76% Polyamide, 24% Lycra

Lycra The Anti-bacterial treatment of silver ions Sanitized

#### Size:

|                  |                  |
|------------------|------------------|
| Small gusset:    | Large gusset:    |
| 158-164/100,     | 158-164/116-124, |
| 164-170/108,     | 164-170/116-124, |
| 170-176/108-116, | 170-176/116-124, |
| 176-182/108-116  | 176-182/116-124  |

**Colors:**  beige  black



### AT401

Medical compression tights for maternity period

**Composition:** 76% Polyamide, 24% Lycra

Lycra The Anti-bacterial treatment of silver ions Sanitized

#### Size:

164-170/124-132,  
170-176/124-132,  
176-182/124-132

**Colors:**  beige  black



## I Compression class – 18-21 mm Hg

### AD204 Cotton Comfort

Below knee medical compression stockings with cotton and closed toe

**Composition:** 60% Cotton, 28% Polyamide 12% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 36-38, 39-41, 42-44, 45-47

**Colors:**  white  black



### AD205

Thick below knee medical compression stockings with closed toe

**Composition:** 64% Polyamide, 36% Lycra

Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 1D, 2D, 3D

**Colors:**  beige  black



## I Compression class – 18-21 mm Hg

### AG303

Thigh length medical compression stockings with silicone lace top band and closed toe

**Composition:** 64% Polyamide, 36% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 1D, 2D, 3D

**Colors:**  beige  black



### AT403

Medical compression tights

**Composition:** 64% Polyamide, 36% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 1D, 2D, 3D

**Colors:**  beige  black



## II Compression class – 23-32 mm Hg

### AD207

Below knee medical compression stockings with closed toe

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 5K, 1D, 2D, 3D, 4D, 5D

**Colors:**  beige  black



### AD208

Below knee medical compression stockings with open toe

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 5K, 1D, 2D, 3D, 4D, 5D

**Colors:**  beige  black



### AD209 Cotton

Below knee medical compression stockings with open toe

**Composition:** 60% Cotton 35% Lycra 5% Polyamide  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige



## II Compression class – 23-32 mm Hg

### AG305

Thick thigh length medical compression stockings with silicone lace top band and closed toe

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 5K, 1D, 2D, 3D, 4D, 5D

**Colors:**  beige  black



### AG309

Thick thigh length medical compression thigh-high stockings with band and closed toe

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 5K, 1D, 2D, 3D, 4D, 5D

**Colors:**  beige  black



### AG307

Thick thigh length medical compression stockings with silicone band and open toe

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 5K, 1D, 2D, 3D, 4D, 5D

**Colors:**  beige  black



## II Compression class – 23-32 mm Hg

### AG306 Cotton

Thigh length medical compression stockings with silicone lace top band and open toe

**Composition:** 60% Cotton 35% Lycra 5% Polyamide  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige



### AG310 Cotton

Thigh length medical compression stockings with silicone band and open toe

**Composition:** 60% Cotton 35% Lycra 5% Polyamide  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige



### AT404

Medical compression tights

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige  black



## Anti – Embolism garments, I Compression class – 18–21 mm Hg

### AD206 Anti – Embolism

Below knee prophylactic anti-embolism stockings with inspection hole

**Composition:** 70% Polyamide, 30% Lycra  
Lycra The Anti-bacterial treatment of silver ions  
Sanitized

**Size:** S, M, L, XL, XXL

**Colors:**  white



### AG302 Anti – Embolism

Thigh length prophylactic anti-embolism stockings  
with inspection hole and silicone band

**Composition:** 70% Polyamide, 30% Lycra  
Lycra The Anti-bacterial treatment of silver ions  
Sanitized

**Size:** S, M, L, XL, XXL

**Colors:**  white



## Compression armsleeve, II Compression class – 23–32 mm Hg

### CG501

Medical compression armsleeve

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige



### CG502

Medical compression armsleeve with half glove

**Composition:** 60% Polyamide, 40% Lycra  
Lycra The Anti-bacterial treatment of silver ions Sanitized

**Size:** 1K, 2K, 3K, 4K, 1D, 2D, 3D, 4D

**Colors:**  beige



## A class 10-17 mm Hg

A-D - knee-high socks

| Size | Shoe size | Foot length (cm) |
|------|-----------|------------------|
| M    | 36-38     | 23-25            |
| L    | 39-41     | 25-27            |
| XL   | 42-44     | 27-29            |
| XXL  | 45-47     | 29-31            |

A-G - stockings

A-T - tights

| A-T                    | Size | Height  | Hips girth(cm) |
|------------------------|------|---------|----------------|
| A-T small gore         | S    | 158-164 | 100            |
|                        | M    | 164-170 | 108            |
|                        | L    | 170-176 | 108-116        |
|                        | XL   | 176-182 | 108-116        |
| A-T large gore         | S+   | 158-164 | 116-124        |
|                        | M+   | 164-170 | 116-124        |
|                        | L+   | 170-176 | 116-124        |
|                        | XL+  | 176-182 | 116-124        |
| A-T for pregnant women | M    | 164-170 | 124-132        |
|                        | L    | 170-176 | 124-132        |
|                        | XL   | 176-182 | 124-132        |

## I class 18-21 mm Hg

A-D - knee-high socks

| Size | Shoe size |
|------|-----------|
| M    | 36-38     |
| L    | 39-41     |
| XL   | 42-44     |
| XXL  | 45-47     |

A-D - knee-high socks A-G - stockings A-T - tights

| Size | Girth (cm) |       |       |       |       |     |     |
|------|------------|-------|-------|-------|-------|-----|-----|
|      | b          | d     | f     | g     | h     | t   |     |
| 1    | S          | 20-24 | 34-37 | 46-50 | 50-55 | 110 | 80  |
| 2    | M          | 24-27 | 37-40 | 50-54 | 55-60 | 120 | 90  |
| 3    | L          | 27-30 | 40-44 | 54-58 | 60-66 | 130 | 100 |

| Length |  | Short    | Long    |
|--------|--|----------|---------|
| A-D    |  | up to 37 | over 37 |
| A-G    |  | up to 70 | over 70 |

## II class 23-32 mm Hg

A-D - knee-high socks

A-G - stockings

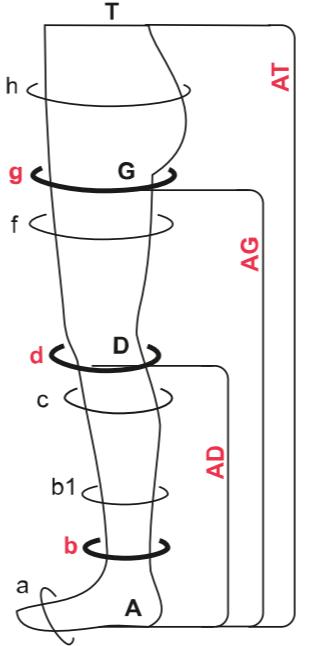
A-T - tights

| Size | Girth (cm) |       |       |       |       |       |       |       |       |     |     |
|------|------------|-------|-------|-------|-------|-------|-------|-------|-------|-----|-----|
|      | a          | b     | b1    | c     | d     | e     | f     | g     | h     | t   |     |
| 1    | S          | 19-25 | 20-23 | 25-30 | 32-38 | 31-37 | 33-39 | 40-48 | 45-57 | 110 | 80  |
| 2    | 2          | 22-28 | 23-26 | 28-33 | 35-41 | 34-40 | 36-42 | 45-53 | 52-56 | 120 | 90  |
| 3    | 3          | 25-31 | 26-29 | 31-36 | 38-44 | 37-43 | 39-45 | 49-57 | 57-67 | 120 | 90  |
| 4    | 4          | 28-34 | 29-32 | 34-39 | 41-47 | 40-46 | 42-48 | 53-61 | 62-72 | 130 | 100 |
| 5    | 5          | 31-37 | 32-35 | 37-42 | 44-50 | 43-49 | 45-51 | 57-65 | 67-77 | 130 | 100 |

| Length |  | Short K | Long D |
|--------|--|---------|--------|
| A-D    |  | 34-38   | 38-43  |
| A-G    |  | 62-71   | 71-82  |

## Leg measurement



a - girth of the foot  
 b - girth of the narrowest part of the lower leg above the ankle  
 b1 - girth 10 cm above the ankle  
 c - lower leg girth  
 d - girth under the knee  
 e - girth above the knee  
 f - mid-thigh girth  
 g - thigh girth (5 cm below the crotch)  
 h - hip girth  
 t - waist girth

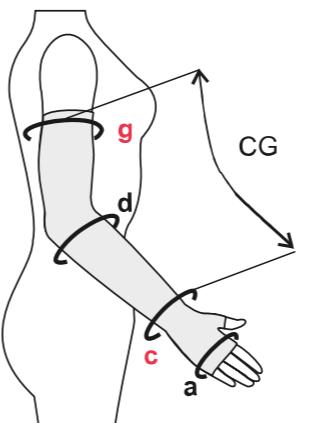
A-D - knee-high socks  
 A-G - stockings  
 A-T - tights

## Anti-embolic knitwear

A-D - knee-high socks  
 A-G - stockings

| Size | Girth (cm) |       |       |
|------|------------|-------|-------|
|      | b          | d     | g     |
| S    | 17-20      | 28-34 | 41-54 |
| M    | 20-23      | 31-37 | 48-61 |
| L    | 23-26      | 34-40 | 55-68 |
| XL   | 26-29      | 37-43 | 62-75 |
| XXL  | 29-32      | 40-46 | 69-82 |

## Sleeve size chart



a - girth of the palm at its widest point  
 c - girth at the level of the wrist  
 d - girth at the level of the forearm  
 g - girth at the level of the armpit

## C-G compression sleeve

| Size | Girth (cm) |       |       |       |
|------|------------|-------|-------|-------|
|      | a          | c     | d     | g     |
| 1    | ≥ 18       | 16-19 | 22-26 | 24-30 |
| 2    | ≥ 20       | 19-22 | 26-30 | 30-36 |
| 3    | ≥ 23       | 22-25 | 30-34 | 36-42 |
| 4    | ≥ 25       | 25-28 | 34-38 | 42-48 |

| Length | Short K | Long D  |
|--------|---------|---------|
|        | < 45 cm | > 45 cm |

## Donning compression garments

Compression garments should be worn in the morning, before swelling appears, preferably without getting out of bed.

To ease donning stockings, it is advisable to powder your legs with talc or baby powder.

It is advisable to wear garments with rubber gloves, removing jewelry and watches from your hands. Feet must be dry.

For easier donning of stockings with an open toe and a closed toe sock, use a special silk sock (for the 2nd class compression).

### Step 1

Put your hand inside the garment and grab the heel.

### Step 2

Turn the garment inside out all the way to the heel.

### Step 3

Donning the toe and heel parts of the garment.

### Step 4

Gradually distribute the entire garment on the leg.

## Device for donning compression garments

An auxiliary sliding toe is included in the package of products of the 2nd compression class Lauma Medical.

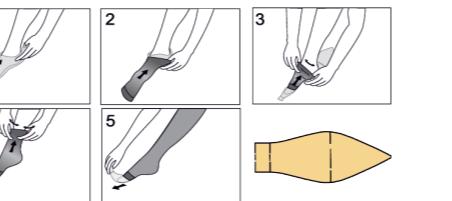
This product is an assistant while dressing other compression products. A slippery sock worn on the foot allows you to help stretch the product through the toes and the instep of the foot, up to the narrowest part of the product in the ankle area.



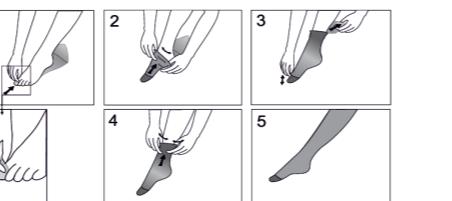
There are two sizes of support socks.

For small and medium sizes, there is a size №1 sock in the kit, and for large sizes – a size №2.

### Putting on products with a toe



### Putting on products with an open toe



## Removing compression garments:

1. It is advisable to remove compression stockings with rubber gloves and no jewelry on your hands. Starting at the top of the garment, gradually pull it down towards the foot.

2. Then carefully remove the heel and then the whole garment from the leg.

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